

Hot Artichoke Dip

Be sure to get some of this creamy rich dip before it disappears completely! It's delicious.

1 bag frozen artichoke hearts (about 3.5 cups of chopped artichoke)

$\frac{3}{4}$ c. SCD legal mayonnaise

5 oz. widely shredded Parmesan cheese*

4-5 cloves garlic, chopped

Preheat oven to 350 degrees.

Place artichoke hearts in a medium saucepan and cover with water. Bring to a boil and simmer 8 minutes. Drain thoroughly and roughly chop.

Combine artichokes, mayonnaise, Parmesan cheese and garlic. Place in an ovenproof serving dish and bake for 20 minutes, or until cheese is melted and dip is bubbly. Serve warm with veggies for dipping.

Note: A naturally occurring and safe chemical reaction may turn the garlic green.

*pre-grated cheeses contain illegal starches.

