

All three of these salsas are delicious and refreshing! Each one tastes unique and serving these together would be perfect at a party along with Cheese Lace Crackers. Spoon salsa over a grilled or poached chicken breast for an easy main dish. Everyone will enjoy these great salsas!



Mango Salsa Watermelon Salsa

Mango Salsa

1 medium mango, peeled and chopped

1/2 c. chopped seeded plum tomatoes

1/2 c. finely chopped red onion

1/2 c. chopped peeled cucumber*

1/4 c. lime juice

2 Tbs. minced fresh cilantro

1 Tbs. olive oil

1 Tbs. cider vinegar

1 tsp. ground cumin

Combine salsa ingredients in a bowl; cover and refrigerate until serving. *Unwaxed cucumbers do not need to be peeled.





Watermelon Salsa

2 c. chopped seedless watermelon

 c. Dole unsweetened crushed pineapple in it's own juice, drained and squeezed

1/4 c. finely chopped sweet onion

1/4 c. minced fresh cilantro

3 Tbs. Tropicana or fresh orange juice

1/8 - 1/4 tsp. original Tabasco Sauce

Combine salsa ingredients in a bowl; cover and refrigerate for at least 1 hour.



Chunky Eucumber Salsa

Chunky Cucumber Salsa

2 c. cucumbers, peeled and coarsely chopped*

1 medium mango, chopped

1 medium sweet red pepper, chopped

1/2 c. red onion, finely chopped

1 tsp. crushed garlic

2 Tbs. apple cider vinegar

1 Tbs. cilantro, minced

1 tsp. salt

2 tsp. honey

1/4 - 1/2 tsp. cayenne pepper

In a large bowl, combine all the ingredients. Cover and refrigerate for 2-3 hours before serving.

*Unwaxed cucumbers do not need to be peeled.



Serve this trio of salsas at your next barbeque! They will add a tasty and refreshing accompaniment to chicken, fish or pork.

Mango Salsa, Watermelon Salsa, Chunky Cucumber Salsa

